

Thank you for choosing Birth Blessings Professional Birth Services for your Community Childbirth Educator Training. This training and competency verification includes evidenced-based information including but not limited to: comprehensive childbirth education training, practical & emotional skills, along with information about specific comfort measures that will make you more effective as a community childbirth educator. You will feel more confident about your ability to convey information regarding labor and birth, immediate postpartum, newborn & breastfeeding support, effective strategies that make childbirth a gentle, meaningful experience for your families, strategies and tips for special circumstances - VBAC delivery, multiples, planned cesarean deliveries, etc. You will learn professional communication skills on how to talk to mothers and families in a way that encourages them to choose seek evidence-based care, confidence building knowledge and skills, & business planning and marketing for your new business opportunity.

Your fees includes: a childbirth education materials, electronic documents: posters, handouts, a childbirth education book, birth planning session materials & business documents, online mentoring and support.

This training is not affiliated with any certifying childbirth education agency or organization. No continuing education is required, but it is always encouraged that

Community Childbirth Education Class 8:00am-5:00pm DAILY

Training Topics Include:

- LATE PREGNANCY ISSUES AND CONCERNS
- ANATOMY OF PREGNANCY
- WARNING SIGNS & PRETERM
- PACKING FOR HOSPITAL
- SIGNS AND STAGES OF LABOR
- INDUCTION
- INTERVENTIONS
- PAIN MANAGEMENT & GATE CONTROL THEORY
- COMFORT MEASURES
- CREATING BIRTH PLANS
- CESEAREAN SECTION
- BREASTFEEDING
- SIDS
- POSTPARTUM
- MARKETING THE BIRTH PLANNING SESSION

....AND MUCH, MUCH MORE!!

DFW Cost and Fees

**Community Childbirth Educator
Training: \$599**

“Early Bird Special:” \$475
(if paid in full by TBD)

Deposit of \$200 must be received immediately to secure attendance at the training workshop. SPACE IS LIMITED, class will fill quickly.

REGISTER TODAY!

Refund Policy: All deposits are non-refundable. All funds are transferable and can be applied to future workshops, training and/or events.

Payment Options

- 1) Payment in FULL (money order, PayPal, check, cash)
- 2) Deposit & Final Payment before TBD

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○ **COMMUNITY CHILDBIRTH EDUCATOR
TRAINING
\$599**

Makes Checks Payable to:
Nikia Lawson
c/o Birth Blessings PBS

Contact: Nikia Lawson
Phone: (817) 231-2672
Email: doulabirthblessings@yahoo.com

Greetings I am Nikia Lawson, owner and operator of Birth Blessings Professional Birth Services referred to as “Birth Blessings.” I offer skills training in: birth doula support, community childbirth education & Bengkung belly binding; and, business coaching to professional birth workers whose desire is to

bridge the gap between private and community-based birth & postpartum support, as a business and/or ministry. I embrace birth doula care through The Doula Couture, my high-end birth doula experience and lifestyle birth brand. And, I serve my local birth community offering social services and programming through my non-profit organization, The Natural Way Birthing Project, which focuses on infant mortality awareness and reduction in Tarrant County and Fort Worth, TX area.

I am a DONA International Certified Birth Doula with over 20 years of birth experience and extensive business building education, a DONA International Doula of Color Trainer Fellow and a DONA International Approved Birth Doula Trainer. I am an experienced childbirth educator and have taught classes to hundreds of expectant families for various community groups and hospitals since 2007. To date, I have assisted in the delivery of several hundred babies and supported more than 75 families as a Women’s Health Specialist for the City of Fort Worth. I am also a State of Texas Approved Lactation Educator and have supported hundreds of breastfeeding mothers transition with the newness of nursing. Finally, I offer limited postpartum support as a Bengkung Belly Binding specialist. My postpartum mothers get the benefit of this indigenous practice for overall recovery and wellness. I have a Bachelor’s of Social Work degree and a Master’s degree in Counseling. I have many professional credentials that help supplement my teaching environment and my commitment to support the families I serve.

I am also the mother of 2 awesome children and 1 beautiful grandchild. My future goal is to return to school complete my post graduate studies in Naturopathy and open a maternity group home.
Love and blessings, Nikia

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Community Childbirth Educator Training

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